

HOW MUCH MORE

Michigan Conference Camp Meeting
2021 SEMINARS



WEEK AT A GLANCE

Time	Friday	Sabbath	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
7:00 - 7:45	Gem Castor (<i>Sab through Sab</i>)								
7:45 - 8:30	Breakfast								
8:30 - 9:00	Welcome	Sabbath School 9:00 - 10:30 Worship* 10:45 - 12:15 Jëan Ross	Michigan Conference Staff Meetings (<i>Sun through Fri</i>)						Sabbath School 9:00 - 10:30 Worship* 10:45 - 12:15 Doug Batchelor
9:30 - 10:30			Seminars & Workshops (<i>Mon through Fri</i>)						
10:45 - 12:00	Michigan		10:15 To	10:30 Path-finder Parade	Dave Fiedler (<i>Mon through Fri</i>)				
12:15 - 1:15			Camp	3:45 Blood	1:00 2:00 ABC Sale	Lunch			
1:30 - 2:00	Meeting			Drive	Family Time				
2:15 - 3:15			Seminars & Workshops (<i>Sun through Fri</i>)						
3:30 - 4:30		Ministerial Ordination 3:00 Soul Winning Hour 4:30	Seminars & Workshops (<i>Sun through Fri</i>)						Soul Winning Hour 4:30
5:15 - 6:00	Supper								
7:00 - 8:45	Musical Program and Evening Meetings (<i>Final Sabbath evening meetings will close at sunset</i>)								
	Jim Micheff	Jëan Ross	Jëan Ross	Jëan Ross	Jëan Ross	Jëan Ross	Jëan Ross	Doug Batchelor	Doug Batchelor

* Sabbath overflow site will be the (1) Cafeteria; and when it is full, (2) the Academy Chapel.

(Subject to change)

Welcome to the annual Cedar Lake Camp Meeting, hosted and sponsored by the Michigan Conference of Seventh-day Adventists. We are happy you have joined us and pray that you receive a special blessing.

*Seminar times and locations may sometimes change.
Please reference screens for most updated information.*

If this booklet was lost and found, please return to the information counter. Thank you!

CHILDREN'S DIVISIONS

CLASS	1 st Friday	Sabbaths	Sunday-Friday
<p>*All Divisions NO SUNDAY MORNING MEETING</p> <p>** Meeting ends at 9:30 PM on the 2nd Sabbath, June 26</p>			
<p>BEGINNER (Ages 0-2)</p> <p><i>Getting Ready for the Sabbath</i> Admin Building, Band Room</p>	No Meeting	<p>9:00 – 10:30 AM 3:00 – 4:00 PM</p>	<p>9:20-10:50 AM* 3:20 – 4:35 PM</p>
<p>KINDERGARTEN 1 (Ages 3-4)</p> <p><i>In the Garden with Jesus</i> Tent, West of Admin Building</p>	No Meeting	<p>9:00 – 10:30 AM 10:50 AM – 12:15 PM 3:00-4:00 PM</p>	<p>9:20-10:50 AM* 3:20 – 4:35 PM</p>
<p>KINDERGARTEN 2 (Ages 5-6)</p> <p><i>God Shares His Secrets with Us</i> Tent, Front of ABC</p>	SAME AS KINDERGARTEN 1		
<p>PRIMARY (Ages 7-8)</p> <p><i>Worship in the Wilderness</i> Elementary School Gym</p>	6:45 – 8:45 PM	<p>9:00AM – 12:15 PM 3:00 – 4:30 PM 6:45 – 8:45 PM**</p>	<p>9:20 AM – 12:15 PM* 2:00 – 4:35 PM 6:45 – 8:45 PM</p>
<p>JUNIOR 1 (Ages 9-10)</p> <p><i>Kingdom Kids (Royal Walk & Royal Talk)</i> Elementary School Commons</p>	SAME AS PRIMARY		
<p>JUNIOR 2 (Ages 11-12)</p> <p><i>Sacrifice for Missions</i> Tent, North of Exhibit Tent</p>	SAME AS PRIMARY		
<p>TEEN (Ages 13-15)¹</p> <p><i>East from West</i> Tent, West of Boy's Dorm</p>	7:00 – 8:45 PM	<p>9:00 AM – 12:15 PM Ordination/Commissioning 3:00 – 4:30 PM 7:00 – 8:45 PM**</p>	<p>9:00 AM – 12:15 PM* 2:00 – 4:35 PM 7:00 – 8:45 PM</p>
<p>YOUTH (Ages 16-18)²</p> <p><i>Built</i> Tent, North of Elementary School</p>	7:00 – 8:45 PM	<p>9:30 AM – 12:15 PM Ordination/Commissioning 3:00 – 4:30 PM 7:00 – 8:45 PM**</p>	<p>9:30 – 12:15 PM* 2:00 – 4:30 PM 7:00 – 8:45 PM</p>

¹ Thursday Meeting at Sleeping Bear Dunes from 9:00 AM – 5:00 PM

² Friday Meeting in Mt. Pleasant (Tubing Trip) from 9:00 AM – 3:00 PM

ANNOUNCEMENTS

PATHFINDER PARADE



SUNDAY, JUNE 20
10:30 AM – 12:00 PM
Main Auditorium

BLOOD DRIVE



SUNDAY, JUNE 20
10:15 AM – 4:00 PM
Cedar Lake Church Fellowship Hall
[Click here to sign up!](#)

ABC SALE



SUNDAY, JUNE 20
1:00 – 2:00 PM
ADM Chapel

PRAYER CHAPEL



SUNDAY – FRIDAY | 7:00 AM – 7:00PM
SABBATH | 3:00 – 7:00 PM
Girls Dorm Chapel

MICHIGAN ACS VOLUNTEER
APPRECIATION BANQUET



The ACS Volunteer Banquet is postponed this year. Please visit the ACS booth for more information.

SEMINARS



Table of Contents

CHURCH LEADERSHIP TRAINING	1
<i>Local Church Leader Training</i>	1
Royce Snyman, Conference Center 2	1
CHURCH RECORDS	1
<i>Church Clerk Training</i>	1
Deanna Hutchins	1
COMMUNITY SERVICE/DISASTER RESPONSE	1
<i>ACS Directors' Workshop – Winning Souls and Getting the Paperwork Done!</i>	1
Chelli Ringstaff, ADM 150.....	1
<i>Chainsaw Training</i>	2
Larry Hatcher, ADM 143.....	2
<i>Intro to Disaster Response</i>	2
Chelli Ringstaff, ADM 150.....	2
<i>Sensitivity in Disability</i>	2
Cyndi Woods, ADM 143	2
EDUCATION	2
<i>Connect</i>	2
Angela Boothby, ADM 144	2
EVANGELISM	3
<i>Reach Michigan: Each One Reach One</i>	3
Wes Peppers & Michigan Conference Departmental Directors & Pastors, ADM 144	3
<i>Seven Keys to Effective Evangelism and Church Growth</i>	4
Chris Holland, Main Auditorium.....	4
FAMILY LIFE	5
<i>Discipleship Parenting</i>	5
Ben & Brianna Martin, Church Sanctuary	5
<i>Marriage</i>	6
Various Presenters, ADM Chapel	6
HEALTH MINISTRIES	7
<i>Healing Remedies Through the Storm – Natural Remedies Workshop</i>	7
Rich and Ronda Smith, Church Fellowship Hall.....	7
<i>Strength Through the Storm – Better Brain, Better Habits, Better Life!</i>	8

Vicki Griffin, Church Fellowship Hall	8
MINISTERIAL	8
<i>A Dangerous Affection</i>	8
Scotty Mayer, Church Sanctuary.....	8
<i>Adventism: The Answer to Modern Atheism</i>	9
Wes Peppers, Conference Center 1	9
<i>BibleRICH – Memorizing Scriptures of the Three Angels’ Message</i>	10
Dan Connell & Johanna Evanoff, Conference Center 2.....	10
<i>Come, Lord Jesus</i>	10
Larry Kirkpatrick, Conference Center 1	10
<i>End-time Finance</i>	10
Alistair Huong, Main Auditorium	10
<i>Foundations for Hope in the Book of Hebrews</i>	11
Dan Rachor, ADM 143.....	11
<i>His Invitation: Reconciliation, Unity, and Latter Rain Power</i>	11
Carol and Gregory Allen, Main Auditorium	11
<i>Let My Pastors Go: 1844 to Heaven, Why So Long?</i>	11
Wes McDonald, ADM Chapel.....	11
<i>Marijuana 101 & 102</i>	12
Laurie Snyman, Conference Center 1	12
<i>Mastering Your Anxiety</i>	12
Laurie Snyman, Conference Center 1	12
<i>Righteousness by Faith – The Rest of the Story</i>	12
Mark Howard and Royce Snyman, Commons.....	12
<i>The Three Angels’ Messages</i>	13
Travis Smith, ADM 144.....	13
PERSONAL MINISTRIES	14
<i>Emmanuel Core Workout</i>	14
Kameron DeVasher & Mark Howard, Commons	14
RELIGIOUS LIBERTY	14
<i>True Liberty & Religious Nonsense</i>	14
Eugene Prewitt, ADM 150.....	14
STRONG TOWER RADIO	15
<i>Economic/Bargain Evangelism – Reaching More for Less</i>	15
Kam Ferguson, ADM 150	15

<i>How to Edit for Radio Training</i>	15
Kevin Avery, ADM 154.....	15
<i>How to Prepare and Record for Radio</i>	15
Kevin Avery, ADM 154.....	15
<i>How to Volunteer for Strong Tower Radio</i>	15
Strong Tower Radio Staff, ADM 150	15
TREASURY	16
<i>Michigan Conference Treasurers' Meeting</i>	16
Mike Bernard, Boys Dorm Chapel	16
<i>Basic Concepts 101 for New Church/School Treasurers</i>	16
SangPi Cin & Laura Im, Boys Dorm Chapel	16
WOMEN'S MINISTRIES	16
<i>"Be Still and Know that I am God"</i>	16
Jacqueline Baerwald, ADM Chapel.....	16
YOUTH MINISTRIES	17
<i>Master Guide Skills Development</i>	17
Marsha Beal & Dave Christenson, Conference Center 3.....	17
SEMINAR SCHEDULE	18

Please consult the monitors daily for any corrections or location changes.

For health and safety reasons, seminars will be considered 'Full' when all chairs are taken.

CHURCH LEADERSHIP TRAINING

Local Church Leader Training

Royce Snyman, Conference Center 2

Presented by Royce Snyman, Ministerial Director of the Michigan Conference

- **Monday & Tuesday** | *Elders' Basic Training, Parts 1 & 2* – Training for new elders that will provide an elder's job description, how to work with the church pastor and local board, leadership principles, church organization, developing church soul-winning plans, visitation, overseeing church ministries, organizing church services, and more.
- **Wednesday & Thursday** | *Deacons & Deaconesses' Basic Training, Parts 1 & 2* – This training is for new deacons and deaconesses. The class will provide a job description, outline the work of deacons and deaconesses, discuss visitation, conflict management, caring for regular and special church services, and other various duties.
- **Friday** | *Leading Your Church in Difficult Times* – Our churches in Michigan and North America are being faced with an increasing number of challenging issues. Learn how to help a church manage discipline in a redemptive way, help with significant internal and interpersonal conflict, understand and work through major societal changes that conflict with Christian values, and deal with major theological conflict (such as Anti-Godhead theology).

CHURCH RECORDS

Church Clerk Training

Deanna Hutchins

Trainings will be conducted by Deanna Hutchins, Administrative Assistant to the President and Secretary of the Michigan Conference.

- **Monday-Friday** | Church clerk trainings will be by appointment only. Contact Deanna at (517) 881-8327 to make an appointment. Appointments will be available between 10 AM to 4 PM. Please come prepared with your laptop computers and questions.

COMMUNITY SERVICE/DISASTER RESPONSE

ACS Directors' Workshop – Winning Souls and Getting the Paperwork Done!

Chelli Ringstaff, ADM 150

Presented by Chelli Ringstaff, Adventist Community Services Director of the Michigan Conference

- **Tuesday** | ACS Directors - Come and learn how to do e-reporting, grant writing, and become a soul-winning center.

Chainsaw Training

Larry Hatcher, ADM 143

Presented by Larry Hatcher, member of the Three Angels Fellowship Church.

- **Monday-Thursday** | Classroom demonstration and practice in the field.

Intro to Disaster Response

Chelli Ringstaff, ADM 150

Presented by Chelli Ringstaff, Adventist Community Services Director of the Michigan Conference

- **Sunday** | Learn about the fundamentals of how to be prepared for disasters and become certified in the Introduction of Disaster Response.

Sensitivity in Disability

Cyndi Woods, ADM 143

Presented by Cyndi Woods. Cyndi is a wife, mother, and writer. Her heart is in ministry and leading others to Christ. She is also passionate about educating others on how to properly engage with the disabled community. Cyndi is blind from a rare retinal disease and has been a member of the disabled community for 39 years.

- **Sunday** | This seminar is designed to train and educate church and school leaders, administration offices, and medical teams alike on how to engage with the needs of the disabled community properly and sensitively. It can be difficult to know exactly how to assist someone with a disability and still give them the honor and respect they need and deserve. This training will provide education on how to assist in those ways properly.

EDUCATION

Connect

Angela Boothby, ADM 144

Angela Boothby loves being a teacher and has taught grades Pre-K to 12th grade. When she earned her Master of Science in Outdoor Education, God showed her an exciting and incredible new way of teaching that has opened the door to endless possibilities of connecting students to their Savior.

We live in a world that is driving us apart, isolating us, and breaking us down. But God, in His love, offers us a solution. It is found by spending time with our Creator, in His creation. As we spend time in His classroom, He draws us into a deeper relationship with Him. In that connection with Him, we find fulfillment, purpose, and

direction! Come outside and allow God to be your teacher! This workshop is designed to give you an experience in nature that you can pass on to your students. It will also give ideas of how to create opportunities for your students to connect with their Creator and Best Friend as you teach core curriculum.

- **Monday** | *Know Him, Show Him* – In order to connect our students with God, we must first experience connection with God in nature ourselves. Come and find love and value in God through His Creation. Make sure you bring your Bible and something to write on.
- **Tuesday** | *Disconnect to Connect* – Why is God's voice so hard to hear? Why do the world's voices seem to scream at us? Why do our kids reflect social media more than God's words? Could our daily connection with technology and our lack of daily connection with nature play a direct role in our relationship and communication with God?
- **Wednesday** | *Connection Through Community* – Wait! Wait! Wait! Why is that word so difficult? It's hard for our kids and it's hard for us! God's timing is so often different than ours. We struggle with patience in our fast-paced, instant gratification world and so do our kids. Come learn how to find hope in the waiting as you observe the patient processes of nature. See how, as you connect to God, you connect to others!
- **Thursday** | *Connection through Nature* – The Great Outdoors is a classroom just waiting to be experienced! The possibilities of learning are endless! Come and experience how connections are made: connections to each other, connections to God, and connections to curriculum learning!
- **Friday** | *Connection through the Garden* – Introducing a new curriculum! The mission of Acquainting Agriculture is to provide educators with the tools they need to guide their students into a relationship with their Creator through gardening. We use simple, inexpensive, proven methods to grow during the academic school year and equip students to grow in the future.

EVANGELISM

Reach Michigan: Each One Reach One

Wes Peppers & Michigan Conference Departmental Directors & Pastors, ADM 144

Reach Michigan is the Michigan Conference's mission initiative for 2021 & 2022. It is more than just a yearly evangelistic series. Using a comprehensive approach to Christ's Method of reaching your community, real needs are met through real interactions with people. For churches considering or planning for this year's conference-wide mission initiative, this seminar will give an overview of the year's plan and how your church can get the most out of it. Additionally, we will examine how to strengthen the focus of church board meetings while tapping into the unique strengths of each church department and the talents of every member to "Reach Michigan." It is open to both leaders and lay people who want practical, personal training to reach others.

- **Sunday** | *Reach Michigan Through Your Church in Your Community* – Hear the Reach Michigan initiative in detail and learn how your church can meet needs in your community in preparation for our conference-wide evangelistic series in 2022. Whether you are a large or small church, have a big

or small budget, or want to participate in-person or online, there are components that all can utilize! Q&A Session following.

- **Monday** | *Reach Michigan Through Biblical Leadership, Church Boards, and Departments* – With a biblical and mission-minded functional structure, God will equip your church to reach its full potential and accomplish its mission to share the everlasting Gospel. Learn practical tips to focus your meetings and departmental efforts on what matters most: reaching Michigan!
- **Tuesday** | *Reaching Missing Members* – A conference-wide outreach to missing members is a massive component of Reach Michigan. It is an incredible opportunity for God to work through you on their behalf. Discover a proven approach that will allow your church to connect and re-ignite a desire in their hearts to come home.
- **Wednesday** | *Exponential Potential: Community Services, Fieldwork*, Family Life, and Women’s Ministries* – Your church can become a powerhouse for meeting needs that transition to spiritual growth and discipleship. Experience how Community Service is much more than food and clothing. Family Life and Women's Ministries have the incredible potential to reach families and women for Christ in ways that every member can be involved.
*(*Join the hands-on Fieldwork training lab this week from Sunday-Thursday, 9:30am-12:30pm at the Auto Mechanic Shop building beds for bed-less kids!)*
- **Thursday** | *Reaching Through Preparing: Practical Community Outreach and Health Ministries* – Following Christ's Method, you can win hearts in your community through simple methods that will bridge to spiritual conversations and invitations. Learn useful ideas that anyone can implement immediately. The seminar will also discuss practical principles for upcoming Reach Michigan Health Ministries outreach.
- **Friday** | *Reaching Through Planting: Each One, Reaching One, Will Reach Everyone!* – If every church member in Michigan shared one piece of literature every day for one year, every person living in Michigan would receive one. Each One Reach One: It's a realistic goal! Discover how you and your church can easily connect your entire community to Christ as you go about your everyday life.

Seven Keys to Effective Evangelism and Church Growth

Chris Holland, Main Auditorium

Chris Holland is the senior evangelist for Hope Channel International and president-elect of the Living Hope School of Evangelism. He previously served as Speaker/Director for It Is Written Canada. In 20 years of ministry, he has additionally served as a local pastor, local conference departmental director and for the North American Division. Chris has been involved in media ministry since his early undergraduate years in college where he was involved with both television and radio programs. It is his sincere desire to know Jesus more and to utilize the many media outlets to preach God’s word with power. Since their marriage in 1996, Chris and his wife Debbie have served the Lord together and strive to do all that they can to fulfill His commission to take the Gospel to the “ends of the earth.”

Many say evangelism is dead. Is that true? Or is it possible that we have ventured far from the Lord’s plan of

reaching the world? This seminar will share practical insights, steps, tools, and resources for recovering God's plan for His church.

- **Monday** | *Christ's Method Alone: Rediscovering the Original Plan* – This seminar will take a look at the Bible and rediscover God's plan as it was from the beginning.
- **Tuesday** | *Personal Transformation* – The first key to effective evangelism and church growth mustn't be overlooked. This very well may be the greatest key in being more effective.
- **Wednesday** | *Corporate Transformation* – As an outgrowth of personal transformation, the body must also experience transformation. How can our church change for the better? What steps can the church take? Keys two and three will provide answers to this all too difficult challenge.
- **Thursday** | *Would They Even Know?* – If your church were to close its doors permanently, would your community even know or care? This seminar looks at keys four and five and how the church is called to be a change agent in the community.
- **Friday** | *Will They Stay?* – In the last 30 years, 49% of all newly baptized members have left the church. Is there a reason why? What can we do to protect against such a tragedy? This seminar will address the last two keys and how your church can be a place that people want to stay.

FAMILY LIFE

Discipleship Parenting

Ben & Brianna Martin, Church Sanctuary

Ben Martin is the Children and Discipleship Pastor at Pioneer Memorial Church. His wife, Brianna, blogs about family discipleship at www.disciplemama.com. The Martins are passionate about leading people of all ages to personal relationships with Jesus. One way that they share this passion is by equipping parents to be the primary disciplers of their own children – something Ben and Brianna are prayerfully wrestling through themselves.

Join the Martins as they share tips and resources about effective family discipleship. Parents have a huge responsibility to be the primary disciplers of their children, but it's not always easy! Let's pray, discuss, and work on it together. If you come to this seminar, you will get practical ideas for how to center your home and your relationship with your children around your relationship with Christ.

- **Monday** | *Introducing Your Child to Jesus*
- **Tuesday** | *Modeling Discipleship*
- **Wednesday** | *How to Share the Story of Jesus*
- **Thursday** | *Successful Parenting: What's the Definition?*
- **Friday** | *Getting Your Family on Mission*

Marriage

Various Presenters, ADM Chapel

- **Monday** | *How Keeping Your Vow Benefits Many Lives!* – Presented by Laurie Snyman, a licensed Social Worker for “Abide,” a private Adventist online practice.

What a privilege it is to have a healthy relationship with your spouse! But it won’t happen unless at least one spouse intentionally builds ways to grow emotionally intimate with the other. We will review how to create rituals and traditions that keep us connected.

- **Tuesday** | *Communication & Conflict Resolution* – Presented by Steve and Tamara Conway. Steve is the pastor of Detroit Northwest SDA Church, director of Renew Life Center and co-director of Stamena 4 Life. Steve and his wife, Tamara, have been serving in the Michigan Conference for over 15 years. They love sharing the Gospel and applying its practical lessons to the daily life, ultimately impacting relationships with God and others.

Communication and conflict resolution can make or break relationships, but with God, we can learn to grow and have healthy conflict that brings glory to God.

- **Wednesday** | *Relationships: Not for the Faint of Heart* – Presented by Marsha Beal, who has a master’s degree from Western Michigan University in Interpersonal Communications. Marsha is active in her local church and passionate about helping others communicate better. She has been married to her husband, John, for 33 years.

Conflict is a natural part of life and will never go away. It doesn’t have to be avoided, dreaded, or feared. Using the Bible as our base, we will look at ways different conflicts can be managed for the best possible outcomes.

- **Thursday** | *Dealing with Sexual Addiction in the Marriage* – Presented by Don & Lisa Sawvel, husband and wife of 35 years who know firsthand the damage and pain that can be caused by sexual addiction in the marriage. Their mission in life is to be used by God to heal families and bring them closer to Christ.

Come and see how God can bring restoration to marriage and lives, even when it seems there is no more hope. This seminar will give practical help to both the sexually addicted and their spouse.

- **Friday** | *Reducing Financial Stress* – Presented by Chris and Marcie Vanderwaal, husband, and wife of 25 years. Chris has worked for the past 23+ years as a Financial Advisor helping families and businesses with financial planning and investment management. Marcie is a Registered Nurse. Together they are successfully navigating the financial complexities of raising children, covering the costs of Adventist education, and the basic pressures of household finances.

Join this seminar to learn ways to simplify your financial life and be on the same page with money. Explore several strategies to help reduce overall stress in your financial world. Whether married or single, you will find valuable takeaways from this workshop.

HEALTH MINISTRIES

Healing Remedies Through the Storm – Natural Remedies Workshop

Rich and Ronda Smith, Church Fellowship Hall

Rich and Ronda Smith have many years of health education experience. Rich has been a Massage Therapist and Exercise Coach and Ronda is a Nurse. Hydrotherapy is an especially healing modality from which they have seen wonderful results. They have shared their experience, training, and passion with many audiences worldwide, and have produced a Hydrotherapy DVD.

Do you feel comfortable using the simple methods God has given us to regain our health? Discover simple, practical ways to treat common ailments, injuries, and illness. Don't be deceived by its low tech and low price! It's powerful, just like it's Author. God made hydrotherapy to match the way He made us!!

- **Monday** | *Introduction to Hydrotherapy: Hydrotherapy Kit* – Discover why hydrotherapy is so powerful and how to maximize safe, effective home remedies in the home setting. Knowing when to get medical help is just as important as feeling comfortable using natural remedies.
- **Tuesday** | *Fight Smart with Thermophore Fomentations and Cold Mitten Friction* – When it comes to getting rid of chest congestion or increasing immune function and circulation, nothing is more powerful than fomentations. Easy tips for timesaving, safe treatments.
- **Wednesday** | *Hot Foot Bath, Contrast Bath and Home-style Russian Bath* – There is nothing more basic, versatile, and useful than a hot foot bath. It augments the effect of many other treatments, including the Russian Steam Bath. Learn how to use it in various settings as well as precautions and contraindications.
- **Thursday** | *Contrast Shower, Heating Compresses, Steam Inhalation* – Probably the most used (and useful) hydrotherapy treatment is the contrast shower in its various forms. Compresses and steam inhalation also treat common ailments in the family, providing relief and healing. Learn how to safely apply.
- **Friday** | *Hot Tub Bath, Charcoal* – There is nothing more relaxing than a hot tub bath. But did you know it is one of the most powerful treatments to give your immune system the boost it needs when you are coming down with a cold or flu? Charcoal is also an amazing healer, internally and externally. Discover basic tips for proper use.

Strength Through the Storm – Better Brain, Better Habits, Better Life!

Vicki Griffin, Church Fellowship Hall

Vicki Griffin, MS, Human Nutrition, MPA is the director of Lifestyle Matters and of Health Ministries for the Michigan Conference. She has a master's degree in Human Nutrition and Public Administration. She is an international speaker, author, and certified coach.

What does it take to heal a brain/body system ravaged by stress and chronic ailments, broken by bad habits, and overwhelmed by conflicting health information? Discover powerful, practical, evidence-based tools for renewal, restoration, and recovery in a world full of crises and confusion.

- **Monday** | *Food, Mood, Cravings, and Immune Health*. When it comes to weight management and appetite control, the battle is for the brain—not the bulge. Learn how to overcome powerful cravings, restore appetite control mechanisms, and build better immune health—for good! PLUS: Nutrition Feature
- **Tuesday** | *Depression: Lifestyle Keys for Beating the Blues*. What does it take to heal a brain ravaged by stress, broken by bad habits and the assault of environmental forces? Discover powerful tools for renewal of hope, restoration of mental function, and recovery of health in your crazy-busy world. PLUS: Nutrition Feature
- **Wednesday** | *Living Free: Freedom from Habits that Hurt* – Habits are our friends—when they are good ones. But when bad habits develop, whether they involve food, substances, or behaviors—they can hijack your life. Learn how to overcome bad habits and cravings and build a better brain—for good! PLUS: Nutrition Feature
- **Thursday** | *Habits That Last: Situational Awareness* – Knowledge is half the battle—but it's only half. In these turbulent times, God's people need to learn how to walk in God's power, purpose, and plan. The sincerest resolutions can quickly dissolve like ropes of sand. Discover keys to a steadfast life, how to develop habits that hold, overcome addictions, and turn every setback into a comeback.
- **Friday** | *Mind Set and Thank-You Power* – Mindset and gratitude have much to do with achieving and maintaining success in personal goals and staying committed to important priorities. Discover how to develop a mindset for overcoming obstacles; learn the steps for developing a “can do” outlook, and how to develop the “mental mettle” to “stay the course” for long-term success.

MINISTERIAL

A Dangerous Affection

Scotty Mayer, Church Sanctuary

Scotty Mayer grew up a Seventh-day Adventist but left the church while pursuing a career in Hollywood. When God eventually won his heart back into the fold, Scotty began sharing his faith using documentaries. He

has worked with Little Light Studios for the past 12 years and has enjoyed discipling many young people from around the world through the ministry's YouTube platform.

So many things in our modern world are vying for our constant attention that are we in danger of losing our focus on the mission God has called us to in these last days. What can we do to realign ourselves with His will? Find out in these five presentations.

- **Monday** | [Diamonds are Forever](#)
- **Tuesday** | [Real Eyes Realize Real Lies](#)
- **Wednesday** | [Idol Time](#)
- **Thursday** | [The Naked Truth](#)
- **Friday** | [The Best is Yet to Come](#)

Adventism: The Answer to Modern Atheism

Wes Peppers, Conference Center 1

Wes Peppers currently serves as Associate Ministerial Director and Evangelism Coordinator for the Michigan Conference. He has also served as a Michigan pastor and an evangelist with Amazing Facts. He became a Seventh-day Adventist Christian at the age of 22 after being an atheist/agnostic for several years. His greatest desire is to lead people into a deeper, intimate relationship with Jesus Christ, inspiring them to become faithful disciples who share Him with others.

- **Monday** | [The Prophetic Rise of Modern Atheism](#) – Discover the origin of atheism from your own Bible. It is nothing new or original, and it did not surprise God. Its rise was recorded in the book of Revelation long before it happened. What is God's answer to its modern movements? A movement of His own, of course! Come and see!
- **Tuesday** | [The Rocks Cry Out Since 1798](#) – Explore the top 10 archaeological findings that support biblical historicity in modern times. Was the Bible mistranslated through centuries past? Know for sure that you can trust your Bible today as the divinely inspired Word of God.
- **Wednesday** | [Evolving Evolution and Creation's Case](#) – Is macroevolution data-driven science? How solid is its foundation? Are there gaping holes? What scientific evidence is there for the literal 7-day Creation? Why is it important to know? We will answer these questions and more!
- **Thursday** | [Reasonable Evidence and Common Sense](#) – Thinking atheists have always presented arguments that perceivably disprove God's existence and destroy the faith of Christians. These arguments can be intelligently answered if you familiarize yourself with them. Discover practical tips to reach the mind and win the heart through Christ's Method alone!
- **Friday** | [Answering the Atheist: The Top 5 Objections](#) – What are some of the top objections atheists have regarding the existence of God? Come hear intelligent responses that will reach both heart and mind. Discover practical tips to incorporate Christ's method in every conversation!

BibleRICH – Memorizing Scriptures of the Three Angels’ Message

Dan Connell & Johanna Evanoff, Conference Center 2

Dan Connell is the producer, and Johanna Evanoff, the creator of BibleRICH.

This seminar will help you learn how to memorize the 144 essential Three Angels’ Message Bible verses you need to give the “Loud Cry.” Our picture clues will help with long term memorization. You will learn three different Scriptures at each of our seminars, recapping each day on the previously learned verses. After the seminar you can continue learning on your own using BibleRICH.com videos, YouTube BibleRICH videos, flash drives, explanation pages, and activity pages for children.

Come, Lord Jesus

Larry Kirkpatrick, Conference Center 1

Pastor Larry Kirkpatrick has served in pastoral ministry since 1994. He is currently a pastor in the Michigan Conference. He loves God’s Word and is looking forward to the soon return of Jesus!

This series of presentations explores Bible concepts especially connected to righteousness by faith, including: the delay and hastening of Christ’s return, what sin is, how Jesus lived on earth, how can we live, misunderstandings about the atonement, and the distinctive message and mission God has assigned to the Seventh-day Adventist Church in the last generation.

- **Monday** | *Still Here After All These Years: Why?*
- **Tuesday** | *Can Fallen Men Not Sin?*
- **Wednesday** | *The Crossward Puzzle*
- **Thursday** | *When Lutherans Decided to Improve Luther*
- **Friday** | *Heppenstall vs Andreasen on the Atonement*

End-time Finance

Alistair Huong, Main Auditorium

Alistair Huong is the Executive Director of AudioVerse and Chartered Financial Consultant (ChFC). He is an independent, comprehensive financial planner. He writes about personal finance on his blog, www.SavingTheCrumbs.com. Many of his finance seminars can be found at www.AudioVerse.org.

How ought we relate to wealth considering the nearness of the Second Coming? When should we sell everything? What about the economic collapse? How should we prepare? This seminar will share practical principles for personal finance in light of end-time prophecies.

- **Sunday** | *Neither Poverty nor Riches – Redefining Wealth and Prosperity*
- **Monday** | *Gather Up the Fragment – The Secret to Prosperity*
- **Tuesday** | *Slaves with Smallpox – Practical Tips on Debts and Budgets*
- **Wednesday** | *No Buying or Selling – When Do We Sell Everything?*

Thursday| *Weeping Merchants – When is the Final Economic Collapse?*

- Friday| *Occupy Till He comes – What to Do Now?*]

Foundations for Hope in the Book of Hebrews

Dan Rachor, ADM 143

Presented by Dan Rachor – a longtime Michigan Conference pastor who loves the book of Hebrews. He has found treasure and wants to share it with others.

- **Monday-Friday**| The book of Hebrews is a carefully organized masterpiece which we can most certainly understand. As we look at the different sections and their relationship to each other, we see a truly unique description of Jesus and His victory for us. This glorious description cannot help but to inspire hope in our hearts!

His Invitation: Reconciliation, Unity, and Latter Rain Power

Carol and Gregory Allen, Main Auditorium

Presented by Drs. Gregory and Carol Easley Allen of Huntsville, Alabama. Gregory is a teacher of the New Testament, particularly the letters of the Apostle Paul. Carol is a specialist in the social construction of reality.

- **Sunday-Friday**| This presentation is designed to demonstrate the absolute necessity of the acceptance of Christ-centered communal sanctification through the Spirit, as a prerequisite for unity and latter rain power.

Let My Pastors Go: 1844 to Heaven, Why So Long?

Wes McDonald, ADM Chapel

Wes McDonald is a church planter/evangelist and has served in denominational and lay person roles for decades. In addition to the United States, he has served in Central America, Africa, Australia, and many areas either currently or formerly under Communist control. He is also the author of the book, "From 1844 to Eternity." His seminar demonstrates how we can work for God using powerful, biblical methods that we may have lost sight of since our church began in the 1800's. Come and learn how we can hasten the coming of Jesus through empowering laity for the Great Commission.

Because of disobedience, the Israelites were not allowed to go into Canaan for 40 years. The last day judgment began in 1844 and Jesus wanted to come back soon after that. Why has the Adventist church and the whole world been delayed from entering the heavenly Canaan for more than 175 years? What do we need to do to hasten the return of Christ?

- **Monday**| *A God Ordained Truth. A Man-Made Method* – We have the Biblical truth that the world needs, but are we using the Biblical methods to reach the world with that needed truth?

- **Tuesday** | *Are Our Efforts to Grow the Church Actually Shrinking the Church?* – The role of Adventist ministers and church members has slowly changed over the years. Has this been good or bad? What impact has this had on our growth rate?
- **Wednesday** | *More than Monotonous: Partnering with God's Purpose, Plan, and Power* – What does God want church members to do in addition to living good lives, returning tithes and offerings, etc.? Do we, as church members, need to make any changes to our ideas of what the church needs to do for us and what we need to do to help the church in its mission to save lost humanity?
- **Thursday** | *Let My Pastors Go: Pioneers to Dark Places* – Jesus said in Luke 15:7 “I say unto you, that likewise joy shall be in heaven over one sinner that repenteth, more than over ninety and nine just persons, which need no repentance.” Do we need to reexamine that parable as we make our plans for reaching the world?
- **Friday** | *Does This Actually Work Today? Where's the Evidence, and Can It Work in North America?* – In a few areas of the world, the church is doing God’s work using His Biblical methods, and the results are astonishing! This presentation will show the undeniable blessings that come from following God’s true methods.

Marijuana 101 & 102

Laurie Snyman, Conference Center 1

Presented by Laurie Snyman, a licensed Social Worker for “Abide,” a private Adventist online practice.

- **Thursday & Friday** | Even though the laws are shifting regarding marijuana, how does it impact Adventists? Come, let us learn some interesting facts on how marijuana impacts users. Be informed, educated, and current for those you may influence.

Mastering Your Anxiety

Laurie Snyman, Conference Center 1

Presented by Laurie Snyman, a licensed Social Worker for “Abide,” a private Adventist online practice.

- **Monday-Wednesday** | Emotions can be overwhelming, bothersome, and irrational. They can cause worry, stress, fear, and panic attacks. We will learn how guilt, betrayal, or lack of forgiveness can contribute to our feelings of anxiety. God wants to help us reprogram our minds. Each day we will practice some anxiety-reducing skills that will improve our self-control, deepen our faith, and add quality to our Christian life.

Righteousness by Faith – The Rest of the Story

Mark Howard and Royce Snyman, Commons

Presented by Mark Howard, Sabbath School and Personal Ministries Associate Director, Michigan Conference, and Royce Snyman, Ministerial Director, Michigan Conference

Join Pastors Royce Snyman and Mark Howard in this timely study of the message of Righteousness by Faith. Inspiration assures us that, “This is the message that God commanded to be given to the world. It is the third angel's message, which is to be proclaimed with a loud voice and attended with the outpouring of His Spirit in a large measure” (*Testimonies to Ministers*, p. 91).

- **Monday** | [Righteousness by Faith Primer](#)
- **Tuesday** | [Righteousness by Faith and Justification](#)
- **Wednesday** | [Righteousness by Faith and Sanctification](#)
- **Thursday** | [Righteousness by Faith and the Heavenly Sanctuary, Part 1](#)
- **Friday** | [Righteousness by Faith and the Heavenly Sanctuary, Part 2](#)

The Three Angels' Messages

Travis Smith, ADM 144

Travis Smith, Master of Arts in Pastoral Ministry (MAPM) and pastor of the Michigan Conference, presents the Bible in a clear way that will encourage you to study the Bible more. You will find his enthusiasm to be contagious. After years of living an aimless and unfulfilled life, He found true meaning in life through studying the prophecies of Daniel and Revelation. Do not miss this exciting seminar!

Many Seventh-day Adventists understand the Three Angels' Messages in the context of our public evangelistic meetings as it relates to identifying the beast and avoiding his mark. What if God intended these messages to impact our lives in a much deeper way? How do these three messages affect our everyday lives? What are the spiritual lessons we can glean from them? What is the Old Testament background of each angels' message? We will also look at how these three angels interact with Revelation, chapter 13.

- **Monday** | [The First Angel, Pt. 1](#) – In this first session we will look at the progression of the work of the everlasting gospel in the life of those who accept it.
- **Tuesday** | [The First Angel, Pt. 2](#) – In this second session, we will take an in-depth look at the Old Testament background of the first angel's message. We will see how Satan attempts to install his version of the Ten Commandments.
- **Wednesday** | [The Second Angel](#) – What is the religion of end-time spiritual Babylon all about and how can we avoid becoming a part of it? What Old Testament Bible story seems to highlight the call out of this fallen system of man-made religion?
- **Thursday** | [The Third Angel](#) – What is the connection between justification by faith and the third angel's message?
- **Friday** | [The Elevation of the Bishops and the Priesthood](#) – We will briefly cover the steps to demobilize the church and centralize the power of the priest.

PERSONAL MINISTRIES

Emmanuel Core Workout

Kameron DeVasher & Mark Howard, Commons

Presented by Kameron DeVasher and Mark Howard, Director, and Associate Director of the Sabbath School & Personal Ministries Department of the Michigan Conference.

Strengthen your beliefs as we zero in on six core truths of Adventism. This seminar will help you better understand each of these truths from the Bible so you can more effectively share them with others!

- **Sunday** | *Sabbath*
- **Monday** | *Second Coming*
- **Tuesday** | *State of the Dead*
- **Wednesday** | *Spirit of Prophecy*
- **Thursday** | *Sanctuary*
- **Friday** | *Standards*

RELIGIOUS LIBERTY

True Liberty & Religious Nonsense

Eugene Prewitt, ADM 150

Presented by Eugene Prewitt. Eugene and his wife, Heidi, live in a westernized country that combines wealth, personal liberty, and severe restrictions on evangelism and criticism of the government. He trains missionaries there and sees the United States of America sliding towards a similar place of intolerance.

Attendees will study the way believers should respond to several issues affecting religious liberty today, including, government overreach, aggressive family pressure, risk management vs. risky evangelism, and curbs on speech regarding sexuality and the Coronavirus. But most importantly, this will be a spiritual discussion on how heart problems lead to constraints on liberty. The following topics will be covered.

- **Thursday** | 9:30 AM | *The Claims of Islam to Have First Offered Religious Liberty*
- **Thursday** | 2:15 PM | *The Doctrine of Discovery vs. Liberty*
- **Thursday** | 3:30 PM | *Internal Bondage Produces Oppressors*
- **Friday** | 9:30 AM | *When the Church Restricts Liberty*
- **Friday** | 2:15 PM | *Free Speech vs. Limiting Propaganda*
- **Friday** | 3:30 PM | *Our Debt to Roger Williams*

STRONG TOWER RADIO

Economic/Bargain Evangelism – Reaching More for Less

Kam Ferguson, ADM 150

Presented by Kam Ferguson, Strong Tower Radio Development Director

- **Sunday** | Radio is one of the most economical media ministries that gets “more bang for the buck.” See how Strong Tower Radio began, and take a look at its operating model, growth strategy, miracle testimonies, new growth opportunities, and ways interested people can support the ministry and become involved.

How to Edit for Radio Training

Kevin Avery, ADM 154

Presented by Kevin Avery, Strong Tower Radio Volunteer Editor Coordinator

- **Monday-Friday** | This seminar consists of five sessions, each building on the previous. Strong Tower Radio produces approximately 31 hours of local programming. One of the main, limiting factors to creating new programs is the availability of people to edit the recordings we produce. We NEED volunteer editors! You may find editing creative, rewarding, and satisfying knowing you are helping people find Jesus on Strong Tower Radio. If you have a computer and internet, you can audio edit at home. In this week-long workshop, you will learn the basic skills to edit for radio. This knowledge can also be used to improve recordings for your church. A computer and editing software will be provided for this training session.

How to Prepare and Record for Radio

Kevin Avery, ADM 154

Presented by Kevin Avery, Strong Tower Radio Volunteer Editor Coordinator

- **Sunday** | Creating new radio programming is the lifeblood of Strong Tower Radio. Having the knowledge and a few notes on the subject is not enough to create quality, radio broadcast recordings. This session will provide tools necessary to prepare a quality program and how to conduct yourself when recording. It may also be helpful for those who run other ministries such as podcasting. No equipment or previous experience is necessary to attend this session.

How to Volunteer for Strong Tower Radio

Strong Tower Radio Staff, ADM 150

- **Monday** | Are you looking to further the gospel in a rewarding way? Strong Tower Radio introduces people to Jesus. You can be a part of this soul-winning ministry by volunteering in-person or remotely from home. Come to this seminar and learn about rewarding things you can do with or

without previous experience. We will train you! If you can talk on the telephone, write, proofread, illustrate, organize, etc., come to this seminar or email: Tom@StrongTowerRadio.org.

TREASURY

Michigan Conference Treasurers' Meeting

Mike Bernard, Boys Dorm Chapel

Presented by Mike Bernard, Michigan Conference Treasurer

- **Sunday** | General meeting for all treasurers in the Michigan Conference. We will be covering recent updates from the Treasury Department, along with time for Q&A with the Treasury team and Sean Parker, our Lake Union IT Director who oversees the LUCIS software program.

Basic Concepts 101 for New Church/School Treasurers

SangPi Cin & Laura Im, Boys Dorm Chapel

Presented by SangPi Cin, Michigan Conference Auditor and Laura Im, Human Resources Director

- **Monday** | If you are a new school or church treasurer, this seminar is for you! Learn how to be a good treasurer and what is expected with the responsibility. The conference Human Resources (HR) director will also share important information about some of the legalities of being a treasurer.

WOMEN'S MINISTRIES

"Be Still and Know that I am God"

Jacqueline Baerwald, ADM Chapel

Always curious and conceptual, Jacqueline Baerwald has been making art in some form from a young age. However, it wasn't until college that she felt called to pursue art as a profession. She currently works part-time out of her home studio as a mixed media fine artist. Utilizing whatever material and media best suits her concept, she brings to life the ideas she feels led to create - photography, found object sculpture, graphic design, ceramics, fiber arts, painting, etc.

- **Monday-Thursday** | Creativity and curiosity are common in little kids, yet many adults lose touch with this God-given gift. Jesus told us we need to become like little children. So, come play and paint your own natural masterpiece and explore how creative our Creator's will is for you, no matter what you think your current skill level is. Trust that as you create and listen to His voice, you will be led - in your art and in your life! Plus, you get to take home a delightful reminder of your playful process.

Master Guide Skills Development

Marsha Beal & Dave Christenson, Conference Center 3

Presented by Marsha Beal and Dave Christenson. Marsha Beal is a current Pathfinder Director and virtual curriculum developer, and Dave Christenson is an experienced Pathfinder Director and Area Coordinator.

- **Monday | First Session | Dave Christenson** – *How to be a Christian Leader & Leadership Skills* – Important principles of Christian leadership and how to use it in youth ministry.
- **Monday | Second Session | Dave Christenson** – *Vision, Mission, and Motivation* – Steps to help set a vision to reach the mission of youth ministries. How to motivate leaders.
- **Tuesday | First Session | Marsha Beal** – *Communication Theory and Listening Skills* – This session will show the importance of listening to be an effective communicator. Interactive, hands-on listening skills are taught.
- **Tuesday | Second Session | Marsha Beal** – *Practical Communication Practices* – Learn the basics of effective communication techniques.
- **Wednesday | First Session | Marsha Beal** – *Understanding Teaching and Learning Styles* – There are secrets to effectively get important information to stick with people—both young and old.
- **Wednesday | Second Session | Dave Christenson** – *Creativity and Resources Development* – Discover ways to be creative in teaching Sabbath School, Pathfinders, and Adventurers. Helpful resources are given.
- **Thursday | First Session | Dave Christenson** – *How to Prepare Effective Creative Worship* – Come and discover creative ways to enhance both your church and home worships.
- **Thursday | Second Session | Dave Christenson** – *Principles of Youth and Children’s Evangelism* – Discover important aspects of reaching and gaining decisions in young people.
- **Friday | Only One Session | Dave Christenson** – *Understanding Your Spiritual Gifts* – Take the test and discover your spiritual gifts and how to use them for God’s glory.

SEMINAR SCHEDULE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ADM 143		Foundations for Hope in the Book of Hebrews Dan Rachor 9:30-10:30				
	Sensitivity in Disability Cyndi Woods 2:15-3:15	Chainsaw Training Larry Hatcher 2:15-3:15				
ADM 144		Connect Angela Boothby 9:30 – 10:30				
		The Three Angels' Messages Travis Smith 2:15-3:15				
	Reach Michigan: Each One Reach One Various Presenters 3:30-4:30					
ADM 150			ACS Directors' Workshop Chelli Ringstaff 9:30-10:30		True Liberty & Religious Nonsense Eugene Prewitt 9:30-10:30	
	Economic/Bargain Evangelism Kam Ferguson 2:15-3:15	Volunteer for Strong Tower Radio STR Staff 2:15-3:15			True Liberty & Religious Nonsense Eugene Prewitt 2:15-3:15	
	Intro to Disaster Response Chelli Ringstaff 3:30-4:30				True Liberty & Religious Nonsense Eugene Prewitt 3:30-4:30	

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ADM 154			<p>How to Edit for Radio Training Kevin Avery 9:30-10:30</p>			
	<p>How to Prepare and Record for Radio Kevin Avery 2:15-3:15</p>					
	<p>How to Prepare and Record for Radio Kevin Avery 3:30-4:30</p>					
ADM CHAPEL			<p>“Be Still & Know that I am God” Jacqueline Baerwald 9:30-11:30</p>			
			<p>Let My Pastors Go: 1844 to Heaven, Why So Long? Wes McDonald 2:15-3:15</p>			
			<p>Marriage Various Presenters 3:30-4:30</p>			
CHURCH SANCTUARY			<p>Discipleship Parenting Ben & Brianna Martin 9:30-10:30</p>			
			<p>A Dangerous Affection Scotty Mayer 3:30-4:30</p>			

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHURCH FELLOWSHIP HALL		Healing Remedies Through the Storm – Natural Remedies Workshop Rich & Ronda Smith 9:30-10:30				
		Strength Through the Storm – Better Brain, Better Habits, Better Life! Vicki Griffin 2:15-3:15				
MAIN AUDITORIUM		Seven Keys to Effective Evangelism and Church Growth Chris Holland 9:30-10:30				
		His Invitation: Reconciliation, Unity, and Latter Rain Power Gregory & Carol Allen 2:15-3:15				
		End-time Finance Alistair Huong 3:30-4:30				
COMMONS		Righteousness by Faith – The Rest of the Story Mark Howard and Royce Snyman 9:30-10:30				
		Emmanuel Core Workout Mark Howard & Kameron DeVasher 2:00-5:00				
BOYS DORM CHAPEL	MI Conf. Treasurers' Meeting Mike Bernard 9:30-10:45	Basic Concepts 101 for New Church/School Treasurers SangPi Cin 9:30-10:30				

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CONFERENCE CENTER 1 (CC1)		Adventism: The Answer to Modern Atheism Wes Peppers 9:30-10:30				
		Mastering Your Anxiety Laurie Snyman 2:15-3:15			Marijuana 101 & 102 Laurie Snyman 2:15-3:15	
		Come, Lord Jesus Larry Kirkpatrick 3:30-4:30				
CONFERENCE CENTER 2 (CC2)		Local Church Leader Training Royce Snyman 9:30-10:30				
		BibleRICH – Memorizing Scripture Dan Connell & Johanna Evanoff 3:30-4:30				
CONFERENCE CENTER 3 (CC3)		Basic Staff/Master Guide Training – Adventurers 9:30-10:30				
		Basic Staff/Master Guide Training 2:15-3:15				
		Basic Staff/Master Guide Training 3:30-4:30				

